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## **Survey: Majority of Nursing and Allied Health Professionals Who Work Travel and Temporary Contract Jobs are Working Mothers**

BOCA RATON, Fla., May 6, 2016 /PRNewswire/ -- To coincide with National Nurses Week and Mother's Day, Cross Country Healthcare, Inc. (NASDAQ: CCRN) surveyed over 4,800 Nursing and Allied healthcare professionals. The results indicate that the majority of respondents who choose travel and temporary contract assignments are working mothers. A better work-life balance and more time to spend with their children were cited as top reasons for choosing these assignments. Additionally, nearly a quarter of those who travel said they bring their children with them to their assignment locations. Some additional survey highlights include:

- | 64% of respondents are mothers
- | 85% of those mothers are currently working
- | 34% of those surveyed work temporary or local contract assignments
  - | 26% work per diem and contract positions
  - | 8% work travel assignments

Vickie Anenberg, President of Cross Country Healthcare's Nurse and Allied Staffing Division, adds, "All professionals, both men and women, are striving for that perfect work-life balance. As a working mother of two myself, I know firsthand how important it is to be challenged professionally, while also having quality time to spend with my family. I'm glad we can offer that combination to all working professionals, especially mothers, who make up such a large part of our workforce."

Many of the surveyed nurses shared positive experiences they had bringing their children with them on travel assignments. Lydia B, MHA, MSN, RN PCCN said, "My kids are grown now. However, when they were younger, I did travel nursing with them and they had a blast. The adventure of going different places helped them to grow into wonderful young men and adapt to life's challenges." In addition, nursing and allied working mothers are also choosing per diem shifts to work around important family life events.

Ms. Anenberg, who has been featured in *Working Mother* magazine and appeared as a keynote speaker at one of their featured conferences, added, "We are focused on having our clinicians get the most out of their career and a big part of that is always going to be making sure they have opportunities that allow for a great life outside of work, as well."

### **ABOUT CROSS COUNTRY HEALTHCARE**

Cross Country Healthcare, Inc., headquartered in Boca Raton, Florida, is a national leader in providing leading-edge healthcare workforce solutions. Our solutions are geared towards assisting our clients solve labor-related issues while maintaining high quality outcomes. With more than 30 years of experience, we are dedicated to placing highly qualified nurses and physicians as well as allied health, advanced practice, and case management professionals. We also provide both retained and contingent placement services for physicians, as well as retained search services for healthcare executives. We have more than 9,500 active contracts with a broad range of clients in both clinical and nonclinical settings, including acute care hospitals, physician practice groups, nursing facilities, both public schools and charter schools, rehabilitation and sports medicine clinics, government facilities, and homecare. Through our national staffing teams and network of more than 70 branch office locations, we are able to place clinicians on travel and per diem assignments, local short-term contracts and permanent positions. We are a market leader in providing flexible workforce management solutions, which include managed services programs (MSP), internal resource pool consulting and development, electronic medical record (EMR) transition staffing, recruitment process outsourcing, predictive modeling and consultative services.

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