

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) January 16, 2003

Cross Country, Inc.

(Exact name of registrant as specified in its charter)

Delaware

(State or other jurisdiction of
incorporation)

0-33169

(Commission File Number)

13-4066229

(I.R.S. Employer
Identification No.)

6551 Park of Commerce Blvd., N.W., Suite 200, Boca Raton, FL 33487

(Address of Principal Executive Office (Zip Code))

(561) 998-2232

(Registrant's telephone number, including area code)

Not Applicable

(Former Name or Former Address, If Changed Since Last Report.)

Item 5. Other Events.

Incorporated by reference is a press release issued by the Company on January 16, 2003, which is attached hereto as Exhibit 1.1.

Item 7. Financial Statements, Pro Forma Financial Information and Exhibits.

(c) Exhibits.

Exhibit	Description
1.1	Press release issued by the Company on January 16, 2003

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

CROSS COUNTRY, INC.

By: /s/ EMIL HENSEL

Name: Emil Hensel
Title: Chief Financial Officer

Dated: January 17, 2003

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[Item 5. Other Events.](#)

[Item 7. Financial Statements, Pro Forma Financial Information and Exhibits.](#)

**CROSS COUNTRY ANNOUNCES 4TH QUARTER AND YEAR END 2002
EARNINGS RELEASE DATE AND CONFERENCE CALL INFORMATION**

BOCA RATON, Fla.—January 16, 2003/PRNewswire-FirstCall/—Cross Country, Inc. (Nasdaq: CCRN) will hold its quarterly conference call to discuss its fourth quarter and year end 2002 financial results on Wednesday, February 19, 2003, at 10:00 a.m. Eastern Standard Time (EST). The company intends to distribute its earnings press release after the close of business on Tuesday, February 18, 2003.

This call will be webcast live by CCBN and can be accessed at the Company's web site at www.crosscountry.com or by dialing 800-218-9073 from anywhere in the U.S. or by dialing 303-262-2191 from non-U.S. locations. A replay of the webcast will be available from February 19th through March 1st. A replay of the conference call will be available by telephone from 12:00 p.m. EST on February 19th until 11:59 p.m. EST on March 1st by calling 800-405-2236—Passcode: 521820#.

The webcast will also be distributed over CCBN's Investor Distribution Network to both institutional and individual investors. Individual investors can listen to the call through CCBN's individual investor center at www.companyboardroom.com or by visiting any of the investor sites in CCBN's Individual Investor Network such as America Online's Personal Finance Channel, Fidelity Investments(R) (Fidelity.com) and others. Institutional investors can access the call via CCBN's password-protected event management site, StreetEvents (www.streetevents.com).

Cross Country, Inc. is a leading provider of healthcare staffing services in the United States. The company has an active client base of over 3,000 hospitals, pharmaceutical companies and other healthcare providers across all 50 states. Copies of this and other news releases as well as additional information about Cross Country can be obtained online at www.crosscountry.com. Shareholders and prospective investors can also register at the corporate Web site to automatically receive the Company's press releases by e-mail.

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For further information, please contact:

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QuickLinks

[Exhibit 1.1](#)