SEC Form 4	
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Instruction 1(b).

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

0	MB Number:	3235-0287						
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ho	ours per response	: 0.5						

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

1. Name and Address Allen Dwayn	ss of Reporting Person <u>C</u>	1*	CRO	uer Name and Tick OSS COUNT CRN]		Symbol LTHCARE INC		tionship of Reportin all applicable) Director	10% C	Owner
(Last) C/O CROSS CO	(First) OUNTRY HEALTH	(Middle) ICARE, INC.		te of Earliest Transa 3/2024	action (Month/	Day/Year)		Officer (give title below)	below)	(specify)
6551 PARK OF COMMERCE BLVD, N.W.			4. lf A	mendment, Date of	f Original Filed	I (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person			
(Street) BOCA RATON	FL :	33487						Form filed by Mo Person	re than One Rep	porting
(City)	(State)	(Zip)		e 10b5-1(c) Check this box to indic atisfy the affirmative of	ate that a trans	to a contract, instruction or written plan that is intended to Instruction 10.				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1. Title of Security	(Instr. 3)	2. Transa Date (Month/D		2A. Deemed Execution Date, if any (Month/Day/Yoar)	3. Transaction Code (Instr.	4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)		5. Amount of Securities Beneficially	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial

	(Month/Day/Year)	if any (Month/Day/Year)	Code (Instr. 8)		5)				(D) or Indirect (I) (Instr. 4)	Beneficial Ownership
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	01/03/2024		F		708(1)	D	\$22.75	7,020	D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										

1. Title of 3. Transaction 3A. Deemed Execution Date 5. Number 6. Date Exercisable and 7. Title and 8. Price of 9. Number of 11. Nature 10. Date Expiration Date (Month/Day/Year) Derivative Derivative Conversion Transaction Amount of derivative Ownership of Indirect Amount of Securities Underlying Derivative Security (Instr. 3 and 4) or Exercise Price of Derivative Security Security (Instr. 3) (Month/Day/Year) Code (Instr. Derivative Security Form: Direct (D) Beneficial if any (Month/Day/Year) Securities Beneficially 8) Securities (Instr. 5) Ownership Acquired (A) or Disposed Owned Following or Indirect (I) (Instr. 4) (Instr. 4) Reported Transaction(s) of (D) (Instr. 3, 4 (Instr. 4) and 5) Amount or Number Date Expiration of Code v (A) (D) Exercisable Date Title Shares

Explanation of Responses:

1. These shares were withheld to satisfy tax withholding obligations for restricted stock which vested on January 3, 2024.

/s/ Dwayne Allen

01/05/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.