FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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Reported

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	OMB Number:	3235-0287
	Estimated average burd	en
	hours per response:	0.5

(Instr. 4)

Check this box if r Section 16. Form obligations may co Instruction 1(b).		STAT	Filed pursuar	MAT OF CHANGES IN BENEFICIAL OWNERSHIP OMB Number: 3235-0287 Estimated average burden hours per response: 0.5 or Section 30(h) of the Investment Company Act of 1940 0.5									
1. Name and Addres <u>HENSEL EM</u>				-		^{mbol} THCARE INC [5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title telow) below)			Owner r (specify			
(Last)(First)(Middle)C/O CROSS COUNTRY HEALTHCARE, INC.6551 PARK OF COMMERCE BLVD., N.W.				of Earliest Transac 2014	tion (Month/D	ay/Year)		Former Of	er Officer and Director				
(Street) BOCA RATON FL 33487				endment, Date of C 2014	Driginal Filed (Month/Day/Year)	6. Indivi Line) X	Form filed by C	up Filing (Check / One Reporting Per fore than One Re	son			
	. ,	(Zip) Table I - Nor	-Derivative S	ecurities Acqu	uired, Disp	osed of, or Benefi	cially C	wned					
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)	4 and	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			

										- Reported			Inctr (1)	
					Code	v	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	on(s)		Instr. 4)	
Common Stock (res	ricted) ⁽¹⁾	06/0	04/2014		D		38,125	D	\$0	99,	018	D		
Common Stock ⁽²⁾		06/0	04/2014		М		1,590	A	\$4.35	100,	608	D		
Common Stock ⁽³⁾		06/0	05/2014		S		3,000	D	\$6.75	165,	812	I I	By wife	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3) Derivative Derivative Security	e (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired	Expiratio	. Date Exercisable and xpiration Date Month/Day/Year)		Title and f Securitie nderlying erivative S nstr. 3 and	es Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned	10. Ownership Form: Direct (D) or Indirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

	Security					of (İ	or bosed D) (Instr. and 5)						Following Reported Transaction(s) (Instr. 4)	(I) (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Appreciation Rights	\$4.35	06/04/2014		м			5,000	(4)	06/01/2019	Common Stock	5,000	\$0	216,387 ⁽⁵⁾	D	
Stock Appreciation Rights ⁽⁶⁾	\$4.35	06/03/2014		D			38,125	(4)	06/01/2019	Common Stock	38,125	\$0	178,262	D	

Explanation of Responses:

1. Represents forfeiture of unvested restricted stock.

2. Mr. Hensel will exercise Stock Appreciation Rights and as a result of such exercise will receive an aggregate of 1,590 shares.

3. Mr. Hensel's wife holds 165,812 shares.

4. The Stock Appreciation Rights were exercisable on June 1, 2013 and June 1, 2014.

5. This Form 4 is amended to reflect the expiration of 15,000 derivative securities on April 11, 2013.

6. This Form 4 is amended to reflect a forfeiture of Stock Appreciation Rights on June 3, 2014.

Remarks:

/s/ Emil Hensel

** Signature of Reporting Person

08/13/2014

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.